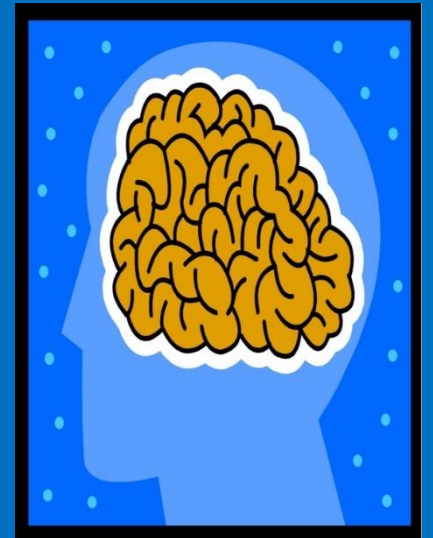
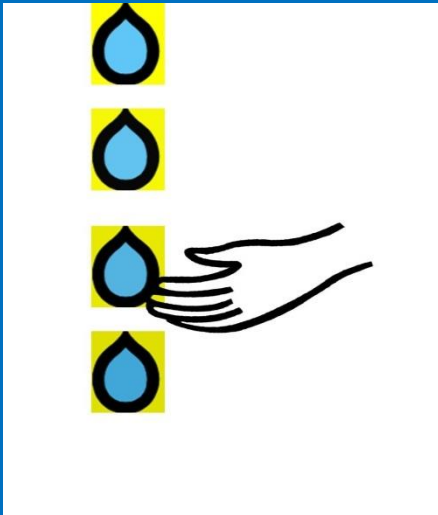
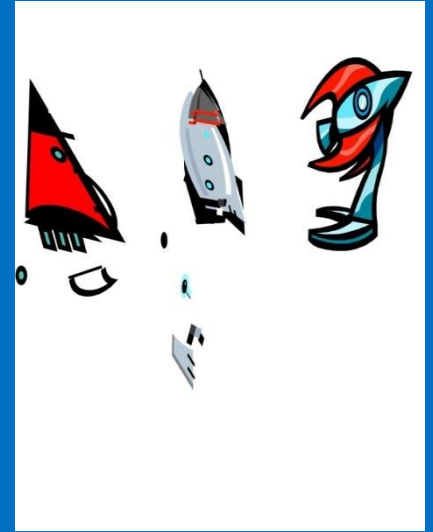


Building Learning Power

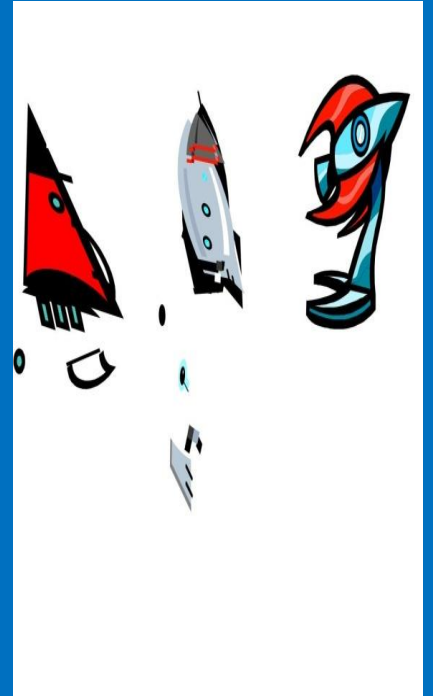
We are learning to learn



Taking charge of your learning just like Rhianna Reflective



Which learning muscles are these and why do they go together?



Planning

When you use this learning muscle, you:

- think about what you want to get out of learning
- identify which resources you may need
- estimate how long it will take you
- plan the steps you might take
- think about what might get in the way



Planning at St Matthew's

- When we are doing a piece of writing in English, why do we need to plan it first?
- When we are making a product in Design Technology, such as making a fire engine, sewing a Christmas stocking or creating a gingerbread house, why do we need to plan what we are going to do?
- Did you know that all of the lessons that your teachers teach you are planned? Why do you think it is important for them to do this?



Did you know that when you are doing your home learning task, you are using your planning muscle?

You need to consider:

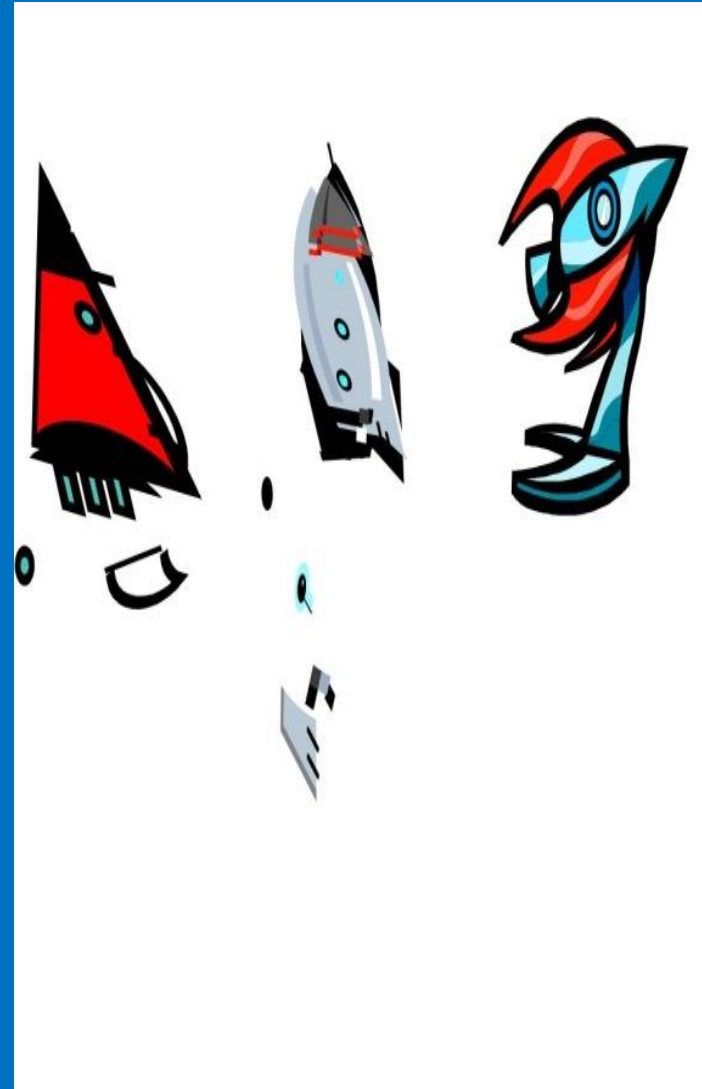
- when you are going to do it
- where you will do it
- what you will need (and if you haven't got everything you need, what will you do about it?)
- whether you can do it independently or do you need help? If so, is there someone at home or school that can help you?



Revising

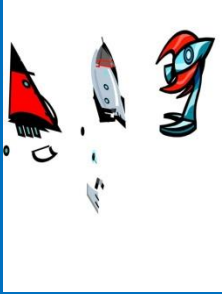
When you use this learning muscle, you:

- are ready to revise your plans as you go along
- are flexible in your learning
- monitor how things are going
- change your plans when you've had a better idea





My Life Plan!



- When I was 15, I did my work experience at a primary school and I decided that I wanted to become a teacher.
- 10 GCSEs when I was 16 years old.
- 3 A-levels when I was 18 years old.
- I went to Nottingham Trent University for three years to complete my degree.
- Got a place at Manchester University to take my teaching qualification but I turned it down because I wanted to live at home.
- Sent letters out to universities asking for a place on a teaching course if there were any available.
- Decided to work as a legal secretary.



My Life Plan!



- University of Central England in Birmingham called to tell me there was a place available on the teaching course.
- Achieved PGCE at the age of 22.
- Taught in Dudley for 5 years.
- Got married when I was 25.
- Applied to be an Upper Key Stage 2 and Maths Leader at the school I worked in but I was not successful.
- Applied for the same job at St Matthew's and I was successful!
- Opportunity to become Deputy Headteacher.
- Diya was born in 2012 and five years later Aman was born in 2017!

What's your plan for life and what will you do when it doesn't go to plan?

