

RESILIENCE

Being ready, willing and able to lock onto learning just like *Robin Resilience*.



Absorption:

- you are engrossed in what you are doing;
- you are unaware of time passing.



Managing distractions:

- you know what distracts you;
- you try to minimise distractions;
- you settle back quickly after an interruption.



Noticing:

- you notice how things look, what they are made of or how they behave;
- you can identify significant details.



Perseverance:

- you are not put off by being stuck;
- you keep on going despite difficulties and find ways to overcome them
- you recognise that learning can be a struggle.

RELATIONSHIPS

Being ready, willing and able to learn alone and with others just like *Ruby Relationships*.



Interdependence:

- you know how much interaction you need with others to assist your learning;
- you make informed choices about working on your own or with others.



Collaboration:

- you manage your feelings when working with others;
- you understand the ground rules of team work;
- you are able to work effectively as part of a pair or team.



Empathy and Listening:

- you put yourself in other people's shoes to see the world from their point of view;
- you show that you are listening by eye contact and body language;
- you hear feelings and thoughts behind someone's words.

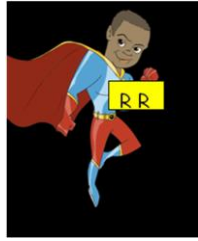


Imitation:

- you are ready to learn from others;
- you notice the approach and detail of how others do things.

RESOURCEFULNESS

Being ready, willing and able to learn in different ways just like *Ricky Resourceful*.



Questioning:

- you are curious about things and people;
- you often wonder why;
- you play with ideas, asking "How come?" and "What if?"



Making Links:

- you look for connections between experiences or ideas;
- you find pleasure in seeing how things fit together and you make patterns.



Imagining:

- you picture how things might look, sound, feel and be;
- you let your mind explore and play with possibilities and ideas.



Reasoning:

- you create logical arguments;
- you deduce what might happen;
- you look for evidence.



Capitalising:

- you learn from many different sources;
- make use of all kinds of things to support your learning.

REFLECTIVENESS

Being ready, willing and able to become more strategic about learning like *Rhianna Reflective*.



Planning:

- you think about what you want to get out of learning;
- you plan the steps you might take;
- you access which resources you may need.



Revising:

- you are ready to revise your plans as you go along;
- monitor how things are going;
- change your plans when you've had a better idea.



Distilling:

- you mull over experiences;
- draw out useful lessons from experiences;
- think about where else you might use these lessons.



Meta-Learning:

- you are interested in how you learn as an individual;
- you know your strengths and weaknesses as a learner;
- you are interested in becoming a better learner.